**FALCON SCHOOL DISTRICT 49**

**NURSING SERVICES**

Dear Fifth Grade Parent/Guardian:

The growth and development component of the health curriculum with all of fifth grade will be presented on **Friday, May 4th.** The school nurse will teach the girls and two male teachers will teach the boys. This program is designed to give your child basic facts and reassurance about changes that occur during adolescence. The following topics will be covered:

* Male (boys) and female (girls) stages of development
* Reproductive anatomies of the male (boys) and (female) girls
* The menstrual cycle (girls only)
* Personal care – diet, exercise and hygiene

Both sessions will include the video Always Changing (Procter & Gamble) and a question and answer period. The video contains a section for boys and a section for girls. Questions will be written down and only those appropriate for the whole group will be read and answered aloud. All other questions will be deferred to the parents. Please sign the permission slip below and return to your child’s teacher. If you indicate that you do not want your child to participate, an alternative assignment will be provided. If you are interested in reviewing the materials, or if you have any questions, please do not hesitate to call the school health office at 494-8704.

Thank you,

Jennifer Gabrielson RN

School Nurse

Student Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_ I would like my child to participate in the 5th grade growth and development class.

\_\_\_\_\_ I do not want my child to participate.

Parent signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_